

start times 4:30

## SCCAL SWIMMING and DIVING LEAGUE SCHEDULE 2023

Friday, March 3	Harbor at Aptos SLV at Soquel Scotts Valley at Santa Cruz	
Friday, March 10	SLV at Santa Cruz Aptos at Soquel Scotts Valley at Harbor	
Friday, March 17	Soquel at Santa Cruz Harbor at SLV Scotts Valley at Aptos	
Friday, March 24	Santa Cruz at Aptos Soquel at Harbor Scotts Valley at SLV	
Friday, April 14	Aptos at SLV Santa Cruz at Harbor Scotts Valley at Soquel	
April 27-28-29	SCCAL League Swimming and Diving Finals	
	Thursday Diving Finals	TBA
	Friday JV Swim Finals	3:00pm
	Saturday Varsity Swim Finals	1:30pm
May 2-3	CCS Swimming and Diving Championship Santa Clara	TBA
May 9-10	CIF State Swimming and Diving Championship	TBA

**1st day of practice:** 1/30/23

**1st Scrimmage allowed:** 2/13/23

**1st Contest:** 2/20/23